



6281 Emigration Canyon • Salt Lake City, UT • 801-583-8331

Lunch Menu

SOUP

FIRE ROASTED RED PEPPER – TOMATO BISQUE

Fire roasted red bell peppers, tomatoes, garlic, and herbs. Topped with Parmesan \$4.99

SALADS

All salads \$7.99

Add grilled chicken \$4 Add Chipotle Shrimp \$6 Add Grilled Salmon \$7

SUNDRIED TOMATO CAESAR

Romaine hearts, shaved Parmesan, garlic-herb croutons, sundried tomatoes with a sundried –tomato Caesar dressing.

MIXED BABY FIELD GREENS

Gorgonzola cheese, sweet & spicy chipotle walnuts with sweet toasted sesame vinaigrette

POMEGRANATE GOAT CHEESE SALAD

Mixed baby greens with pomegranate-honey vinaigrette, crumbled chevre cheese, and toasted almonds.

APPETIZERS

CHIPS & SALSA

Homemade tortilla chips with our spicy fresh tomato salsa. \$3.99

COCONUT SHRIMP

Homemade coconut shrimp with orange marmalade-red chile sauce. \$11.99

NACHOS

House made tortilla chips piled high with cheddar jack cheese, black olives, jalapenos, and black beans. Served with tomato salsa and sour cream. \$7.99

MOZZARELLA STICKS

Breaded, crispy mozzarella sticks served with our house marinara. \$7.99

HOT WINGS

Crispy fried chicken wings served with our own house spicy Asian hot sauce. \$8.99

QUESADILLA

Cheddar and jack cheeses, black beans and roasted corn, served with fresh tomato salsa and sour cream. \$7.99 Add chicken, chipotle shrimp, or chorizo sausage for \$3.00

GRILLED CHIPOTLE SHRIMP

Dusted with our chipotle spice blend then grilled and served with a sweet fire roasted red pepper aioli. \$9.99

STUFFED MUSHROOM CAPS

With Italian sausage, broccoli, and Parmesan cheese. \$7.99

HAMBURGERS AND SANDWICHES

All sandwiches are served with fries. You may substitute fries with a garden salad.

GRILLED HAMBURGER (8 oz.)

Served on a fresh baked flour top bun with lettuce, tomato, and onion. \$7.99

Customize your burger!

Add cheddar, Swiss, Gorgonzola, jalapeno jack, or mozzarella cheese \$1.00
Add mushrooms \$1.50
Add roasted garlic \$1.00
Add bacon \$2.00

CHICKEN PARMESAN

Fresh breaded chicken breast topped with mozzarella cheese and our house marinara. Served on a fresh baked hoagie roll \$8.99

BLACKENED CHICKEN BREAST

Cilantro-lime aioli, avocado, romaine lettuce, and tomato served on a fresh baked hoagie roll \$8.99

GRILLED ANDOUILLE SAUSAGE SANDWICH

Served with lettuce, tomato, red onion and roasted jalapeno aioli; on a fresh baked hoagie roll. \$8.99

BLT

Smoked bacon, lettuce, and tomato on toasted white or wheat bread. \$7.99

VEGGIE GARDEN BURGER

Lettuce, tomato, and onion served on a fresh baked flour top bun. \$7.99

GRILLED PORTABELLA MUSHROOM

Topped with Mozzarella, lettuce, tomato, and roasted red pepper pesto on a fresh baked flour top bun. \$7.99

BEVERAGES

Soft Drinks (includes one refill): Coke, Diet Coke, Sprite, Dr. Pepper, Root Beer, Lemonade \$2.25

Iced Black Tea, Coffee, Hot Tea (assorted herbal, green, black) \$2.50

An 18% gratuity may be added for parties of 6 or more. Split plate charge \$2.00.

Consumer Advisory: Thoroughly cooking foods of animal origin such as beef, eggs, fish, lamb, pork, poultry or shellfish reduces the risk of food-borne illness. Consult your physician or public health official for further information.